ST. JOSEPH DENTAL COLEGE

DUGGIRALA, ELURU

Date: 18-06 -2024

CIRCULAR

This is to inform all the HODs, Staff, PG students, Interns and BDS Students that in view of INTERNATIONAL YOGA DAY, there will be demonstration of YOGA ASANAAS by Yoga Teacher at 6.30 a.m. in the College Auditorium on 21.06. 2024. This event is organized by the Department of Public Health Dentistry.

We invite all teaching staff UG / PG students and Interns to participate in this event to promote health and wellness.

The participants for YOGA ASANAAS are requested to bring their own YOGA mat / Bed sheet & Towel / Napkin for comfortable performance of YOGA ASANAAS.

PRINCIPAL
St. Joseph Dental College & Hospital
DUGGIRALA, ELURU-634 003,
W.G.Dt., A.P. India

То

All the HODs of Dental & Medical Departments, Dispatch: As per standard dispatch list.

Copy to: Rev. Fr. G. Moses, Secretary & Corresponderit: For information.

Copy to: Rev. Fr. L. Felix, Administrator: For information.



YOGA DAY





21St JUNE
SPECIAL YOGA SESSION

TIME & 6:20 AM COLLEGE VENUE AUDITORIUM

DEPARTMENT OF
PUBLIC HEALTH DENTISTRY
ST.JOSEPH DENTAL COLLEGE



